

& WOMEN

“ For years, I suffered urination problems in silence, but after talking with APBD colleagues this is as common as stumbling and falling—although far more humiliating, angering, and disheartening. Yet I find joy and face the challenge crafting as gracious and enjoyable a life as possible. Here I am in Hawaii with my handy trekking poles. I got around well and even swam in the calm ocean three times a day. ”



HELP FIGHT

APBD & ALLIED DISEASES

DONATE

GREGORY WEISS, PRESIDENT
APBD RESEARCH FOUNDATION
2710 AVENUE S,
BROOKLYN, NY 11229
PHONE: 646.580.5610
EMAIL: INFO@APBDRF.ORG
URL: APBDRF.ORG



APBDRF
ADULT POLYGLUCOSAN BODY DISEASE RESEARCH FOUNDATION

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DO YOU HAVE...

- **Worsening leg stiffness?**
- **Foot or leg numbness?**
- **Urination problems?**
- **Are you searching for a diagnosis?**

SO WAS YOSHI.

Now he has the diagnosis and he is joining with others who are working to find a cure.



ADULT PB DISEASE (APBD)

Contact us and let us help you get a diagnosis today!
Visit apbdrf.org for more info.

YOSSI IS NOT ALONE.
ADULT PB DISEASE AFFECTS

MEN...



“ It took 13 years for a proper diagnosis. In my early 50’s, I first experienced numbness in my hands, cramps, stiffness and heaviness in my legs. Also muscle twitching, soreness, foot drag and stumbling. Initially, I was incorrectly diagnosed with hereditary peripheral neuropathy. I participated in a research trial conducted by the National Institutes of Health. Finally, the Kennedy Krieger Institute in Baltimore, Maryland came up with the correct diagnosis. ”

ADULT PB DISEASE (APBD)
ADULT POLYGLUCOSAN BODY DISEASE

What?

A genetic disease

Where?

Affects the nervous system: legs, bladder, brain, spinal cord

When?

Onset as early as age 35

Why?

Low activity of glycogen branching enzyme (gene GBE1)

How common?

One study shows a 1:34.5 carrier frequency rate in Ashkenazi Jews

Is APBD exclusively a Jewish disease?

No

OFTEN CONFUSED WITH OTHER ILLNESSES SUCH AS:

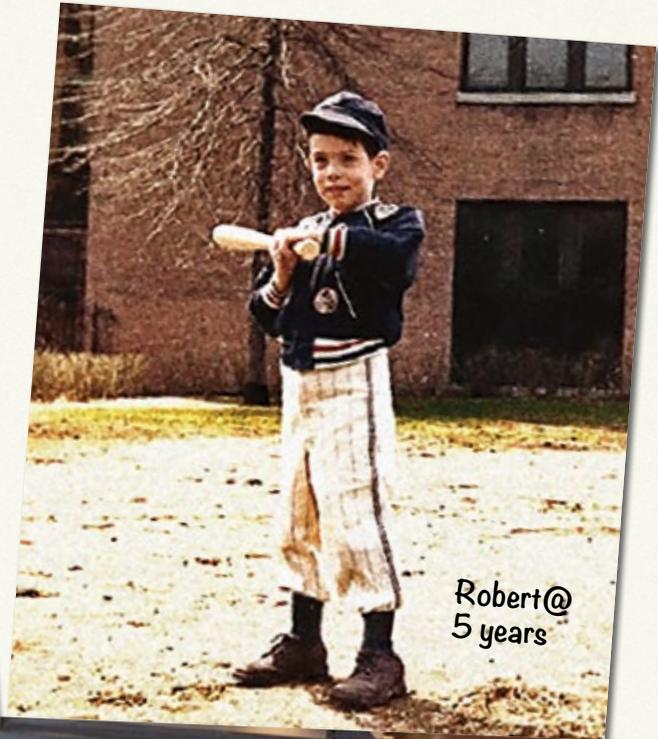
MS, ALS, Alzheimer's, Peripheral Neuropathy, Prostate Cancer, Benign Prostatic Hyperplasia (BPH), Symmetric White Matter Disease, Spinal Stenosis



A SIMPLE BLOOD TEST CONFIRMS THE DIAGNOSIS

MEET ROBERT A TOP HOLLYWOOD PHOTOGRAPHER

“ In my late forties I began experiencing ataxia, drop foot, falling, edema, urinary incontinence and an active right hand tremor that made eating and serving food difficult or impossible. After seven years of every kind of test imaginable, I finally received the correct diagnosis at UCLA and became part of the APBD community. ”



WHAT ARE WE DOING TO FIGHT APBD?

RESEARCH AND THE REGISTRY

Our international team of researchers is moving us towards **clinical trials** that will identify treatments for and prevent the damaging effects of APBD. To facilitate these human trials, the APBD Research Foundation (APBDRF) in collaboration with Columbia University established the first APBD registry of people with APBD. The registry is privacy-protected by Institutional Review Board (IRB) protocols. There is also an option to enroll anonymously with your physician as your contact.




DO YOU SEE YOURSELF OR SOMEONE YOU KNOW IN OUR STORIES?

- > GET TESTED
- > JOIN THE REGISTRY